

**SEPT.**  
**24-25-26**

# 24th Annual Martial Arts Camp in Julian **MARTIAL ARTS CAMP 2010**

Manna's Martial Arts Camp 2010 in the Mountains of Julian!

**SPECIAL  
FEE NOW  
\$225**

## THREE DAYS / TWO NIGHTS

Friday, Sept. 24th - Sunday, Sept. 26th

Bus from Studio: Friday at 4:45 PM

Cabin Lodging - All Meals Included

Workouts - Special Clinics - Weapons

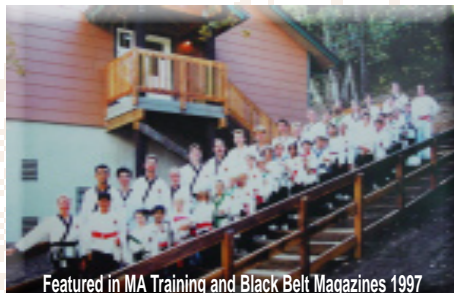
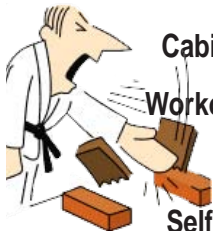
Breaking Techniques

Self Defense - Rock Climbing Wall

Plus many more specially planned activities

Bus back to Studio: Sunday at 6:00 PM

Equipment required for Weapons Workouts



This is the perfect opportunity for you to learn in a weekend of fun and focus. Come join us at the 24th Annual Martial Arts Camp in the beautiful mountains of Julian. Camp is open to all from the age of 6 and up, age 5 with approval. You will receive additional information about what you should pack as the departure date draws closer.

### REGISTER NOW TO SAVE AND RESERVE YOUR SPOT

\$225 includes 3 days and 2 nights, bus, lodging and meals.

(Registration now and you are saving \$25, savings through July 31 )

Grandmaster Brian Manna  
Master Chris Brandt  
Master Mark Pattison  
Master Steve Simpson  
Master Janet Manna  
Master Wil Dieck

OPTIONAL **WARRIOR ELITE**  
BOOT CAMP

WORKOUT, **ELITE SCOUT**

## GET READY FOR MOUNTAINS OF FUN!

Camp Location: YMCA CAMP MARSTON 4761 Pine Hills Road Julian, CA 92036

# 2010 MARTIAL ARTS CAMP REGISTRATION

Student's Name: \_\_\_\_\_

Studio: \_\_\_\_\_ Member's Phone: \_\_\_\_\_

Parent's Name (if student under 18): \_\_\_\_\_

Shirt size: Child (S) (M) (L) Adult (S) (M) (L) (XL) (2X)

I am interested in participating in the **ELITE SCOUT** workout (min. age 12)

Friday, Sept. 24th - Sunday, Sept. 26th

**IN JULIAN, CA**



You may add additional boards to break.

3 Additional Boards \$ 10

To qualify to participate in optional weapons workouts you will need to have your own.

Rattan 3 Sectional Staff & case \$ 43

Wood Nunchaku & case \$ 14

Rattan Staff ( \_\_ 5 ft. or \_\_ 6 ft.) \$ 32

Wood Dagger (minimum age 13) \$ 6

Cane-Oak (minimum age 13) \$ 43

### CAMP PARTICIPATION FEE

3 DAY CAMP

PAY NOW ONLY

Studio Member (TEMAS)

~~\$250~~

**\$225**

3 Day - 2 Nights, Transportation and meals included

(Savings through July 31)

Saturday ONLY

**\$100**

Learn with the Masters 1PM - 4PM

Transportation and meals not included Saturday

Participant must have TEMAS Approval



Optional Items Fee

Registration Fee

Total Camp Fee:

MANNA'S - 12285B World Trade Drive San Diego, CA 92128 - (858) 487-6470 www.manna.us